



CALIFORNIA
TABLE GRAPE
COMMISSION

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Funded Health Research Studies 2000–2025

As of August 2025

Heart Health

1. *Vasoprotective Effects of a Standardized Grape Product*, John Bauer, Ohio State University
2. *Grapes and Cardioprotection*, Dipak Das, University of Connecticut
3. *Reduction of Myocardial Ischemia Reperfusion with Regular Consumption of Grapes*, Dipak Das, University of Connecticut
4. *Anti-Atherogenic Activity of Grapes in Hypercholesteremic Transgenic Mice*, Kathryn McMahon, Texas Tech University of Health Sciences Center
5. *Favorable Effects of Grapes on LDL Oxidation and Atherosclerotic Lesions. Studies in Ovariectomized Guinea Pigs, a Model for Menopause*, Maria Luz Fernandez, University of Connecticut
6. *Prevention of Atherosclerosis by Standardized Grape Preparation: Mechanistical Studies in Cell Culture, Atherosclerotic Mice and Humans*, Bianca Fuhrman, Lipid Research Lab, Rambam Medical Center, Israel
7. *Cardioprotective Effects of Grape Polyphenols in Pre- and Post-Menopausal Women*, Maria Luz Fernandez, University of Connecticut
8. *Cardioprotection by Resveratrol and Freeze-Dried Grape Preparation*, Joseph M. Wu, New York Medical College
9. *Grape Antioxidant Impact on Heart Failure Pathogenesis*, Steven Bolling, University of Michigan
10. *Effects of Resveratrol and/or Grape Powder on Estrogen Dependent Modulation of Lesion Area in a Rodent Model for Atherosclerosis and Restinosis*, Tammy Dugas, Louisiana State University
11. *Effects of Freeze-Dried Table Grape Powder on Vascular Health in Post-Menopausal Women*, Carl Keen, University of California, Davis
12. *Effects of Grape Consumption on Resistance Artery Structure, Function, and Stiffness in Hypertension*, Dr. Hope Anderson, University of Manitoba
13. *The Short Term Effects of Grape Consumption on the Microvasculature in Prediabetic and Diabetic Individuals*, Mary Lott, Pennsylvania State University Heart and Vascular Institute

14. *Does Grape Ingestion Improve Coronary Vascular Regulation in CAD Patients After Coronary Artery Bypass Graft Surgery in Humans?* Kevin Monahan, Pennsylvania State University Heart and Vascular Institute
15. *Effects of Whole Grape Powder on Cardiovascular Disease Risk Factors, Cognitive Function and Emotional Status in Postmenopausal Women*, Sheau Ching Chai, University of Delaware
16. *Effects of a Standardized Freeze-dried Grape Powder on HDL Function in Metabolic Syndrome*, Christopher Blesso, University of Connecticut
17. *Cardioprotective Effects of Freeze-Dried Grape Powder Supplementation on Blood Pressure and Plasma Lipids/Lipoproteins: A Pilot Study*, Ann Skulas-Ray, University of Arizona
18. *Effects of Freeze-dried Grape Powder on Chronic Disease and Cardiovascular Risk Factors, Hunger, Satiety, and Body Composition in Free-living People*, Bonnie Burns-Whitmore, California State Polytechnic University, Pomona

Diabetes/Glucose Tolerance/Metabolic Syndrome

1. *Grape-Enriched Diets Reduce Metabolic Syndrome in Rats*, Stephen Bolling, University of Michigan
2. *A Comprehensive Evaluation of the Protective Effects of Grape Polyphenols Against Dyslipidemias, Hypertension, Inflammation, Oxidative Stress and Vasoconstriction in Male Subjects Classified with Metabolic Syndrome*, Maria Luz Fernandez, University of Connecticut
3. *Differential Effects of Grape Powder and Its Extract on Glucose Tolerance and Chronic Inflammation in High-Fat-Fed Obese Mice*, Michael McIntosh, University North Carolina at Greensboro
4. *Stimulation of GLP-1 Levels by Grapes: a Novel Approach for Improving Glucose Control in Prediabetes*, Andrew Neilson, Virginia Tech
5. *Consumption of Whole Grape Powder by Mice Fed a High Fat Western-style Diet Protects Against Metabolic Syndrome Symptoms and Produces Improved Metabolomic and Physiological Profiles*, Neil Shay, Oregon State University
6. *Potential Modulatory Effect of Whole Grapes on Second-Meal Tolerance in Obese Subjects: Role of Polyphenols*, Jara Perez-Jimenez, Institute of Food Science, Technology and Nutrition, Spanish Research Council

Eye Health

1. *Age-Related Blindness: Possible Prevention or Delay by Grape Powder*, Silvia Finneman, Weill Medical College
2. *Neuroprotection in Age-Related Macular Degeneration (AMD) by Grape Extract*, Baerbel Rohrer, Medical University of South Carolina
3. *Grape Consumption Prevents Age-Related Blindness: Optimizing Course of Therapy and Identifying Target Organelles*, Silvia C. Finnemann, Fordham University

4. *Investigation of Grape Consumption as Therapy for Preserving Vision, Abigail Hackam, University of Miami*
5. *Grape Consumption Activates the Notch Pathway to Reduce Pathological Angiogenesis, Arthur Polans, University of Wisconsin*
6. *Using Grapes as a Magic Bullet to Fight Against Free Radicals in the Eye: Application to Cataract Prevention, Hongli Wu, North Texas Eye Research Institute*
7. *Role of Grapes in DJ-1 Regulation of Oxidative Stress: Implications to Age-Related Macular Degeneration, Vera Bonilha, Cleveland Clinic Foundation/The Cole Eye Institute*
8. *Impact of Regular Consumption of Grapes on Eye Health in Singapore Older Adults, Jung Eun Kim, National University of Singapore*
9. *Assessment of Eye-protective Effects of Grape by the Regulation of Advanced Glycation End Products, Jung Eun Kim, National University of Singapore*

GI Health

1. *Effects of Freeze-Dried Powder on WNT Signaling and Colon Cancer, Randall Holcombe, University of California, Irvine*
2. *Suppression of Colon Carcinogenesis by Grape Powder through Mitigation of Inflammation and Induction of Apoptosis of Colon Cancer Stem Cells in APCMin/+ Mice, Jairam Vanamala, Pennsylvania State University*
3. *The Effect of a Whole Grape Powder on Colitis-promoted Colon Tumorigenesis and Gut Microbiota, Qing Jiang, Purdue University*
4. *Table Grapes as a 'Whole Food' Approach to Ameliorating Celiac Disease, Charlene van Buiten, Colorado State University*
5. *Prebiotic Impact of Grape Powder on GI Microbiota, Intestinal Barrier Function, and Systemic Inflammation in High Fat Fed Mice, Michael McIntosh, University North Carolina at Greensboro*
6. *Effect of Grape Consumption on the Microbiome in Healthy Subjects: A Pilot Study, Zhaoping Li, UCLA David Geffen School of Medicine*
7. *Effect of Grape Consumption on Intestinal Health and Microbiome in Patients with Inflammatory Bowel Disease, Abigail Basson, Case Western Reserve University*
8. *Assessment of Prebiotic Effect of California Grape Consumption on Gut Microbiome and Impact on Intestinal Permeability, Vascular Function, and Systemic Inflammation in Overweight Subjects, Dragen Milenkovic, University of California, Davis*

Skin Health

1. *Oral Administration of Freeze-Dried Powder to Prevent Photodamage to Skin, Donald Godwin, University of New Mexico Health Sciences Center*
2. *Dietary Prevention of Photodamage in Skin with Grapes: A Human Clinical Study, Craig Elmets, University of Alabama Birmingham*
3. *Grape Powder Management in Skin Cancer, Nihal Ahmad, University of Wisconsin*
4. *Effects of Grape Consumption on Skin Protection Against UV Damage, TKL Research, Inc.*

Cancer

1. *Evaluation of Cancer Chemoprevention Potential of Standardized Grape Extract (Lung and breast cancer models), John M. Pezzuto, University of Illinois at Chicago*
2. *Inhibition of Metalloproteinase Gene Expression by Extract of Fresh Grapes, Constance Brinkerhoff, Dartmouth Medical School*
3. *Evaluation of Cancer Chemoprevention Potential of Standardized Grape Extract (Animal models colon and prostate cancer), John M. Pezzuto, University of Illinois at Chicago*
4. *Oral Administration of Freeze-Dried Powder to Prevent Photodamage to Skin, Donald Godwin, University of New Mexico Health Sciences Center*
5. *Inhibition of Different Stages of Skin Carcinogenesis with Freeze-Dried Grape Powder, Margaret Hanausek, AMC Cancer Research Center*
6. *The Protective Effect of Standardized Grape Preparation Against Cancer/Anticancer Activity of Grape and Grape Skin Extracts Combined with Catechins Based on Inhibition of tNOX and Growth of HeLa Cells in Culture and 4T1 Mouse Mammary Tumors in Mice, Dorothy Morre, Purdue University*
7. *Inhibition of PhIP-DNA Adduct Formation in Female F344 Rats by Dietary Freeze-Dried Grape Powder, Herman Schut, Medical College of Ohio*
8. *Interactive and Synergistic Effects of Grape Powder, Grape Seed Proanthocyanidins, Resveratrol, and Quercetin in a Colon Cancer Model, Jerry Exon, Holm Research Center, University of Idaho*
9. *Effects of Freeze-Dried Powder on WNT Signaling and Colon Cancer, Randall Holcombe, University of California, Irvine*
10. *Evaluation of Aromatase Inhibition Potential of Standardized Grape Powder, Janet Olson, Mayo Clinic*
11. *Chemoprevention of Esophageal Cancer with Grape Consumption: A Clinical Investigation in China, Tong Chen, Ohio State Comprehensive Cancer Center*
12. *Dietary Prevention of Photodamage in Skin with Grapes: A Human Clinical Study, Craig Elmets, University of Alabama Birmingham*
13. *Suppression of Colon Carcinogenesis by Grape Powder through Mitigation of Inflammation and Induction of Apoptosis of Colon Cancer Stem Cells in APCMin/+ Mice, Jairam Vanamala, Pennsylvania State University*
14. *Grape Powder Management in Skin Cancer, Nihal Ahmad, University of Wisconsin*
15. *The Effect of a Whole Grape Powder on Colitis-promoted Colon Tumorigenesis and Gut Microbiota, Qing Jiang, Purdue University*
16. *A Grape-Supplemented Diet for Prostate Cancer Chemoprevention, Anait Levenson, Long Island University*

Inflammation

1. *Effects of Grape Powder on Inflammation Markers in Post-Menopausal Women, Johanna Slavin, University of Minnesota*

2. *Effect of Grape Powder Supplementation on Inflammation Biomarkers in Human Volunteers, Ishwarlal Jialal, UC Davis and Veteran's Administration Northern California Healthcare System*
3. *Does Grape Consumption Have Potential to Inhibit Hyperproliferative Effects of Colon-Specific Growth Factor/Infectious/inflammatory Agents? Pomila Singh, University of Texas Medical Branch*
4. *Anti-Inflammatory Activities of Grapes in Humans at Risk for Cardiovascular Disease, Susan Zunino, USDA ARS Western Human Nutrition Research Center*
5. *Effect of Grape Powder Consumption on Fitness, Work Capacity, and Exercise-Induced Inflammation, Pain and Disability, Patrick O'Connor, University of Georgia*
6. *Multi-Organ Profiling of the Anti-Inflammatory Effects of Grape Intake, Steven Bolling, University of Michigan*
7. *Effect of Whole Grape Powder on Attenuation of Inflammatory Status in Obese Individuals, Francene Steinberg, University of California, Davis*
8. *Effects of Whole Grape Powder on NF-kB Driven Inflammatory Signaling, Temesgen Samuel, Tuskegee University*
9. *Effects of Freeze-dried Grape Powder on Inflammation and immune function, Catherine Andersen, University of Connecticut*

Brain Health

1. *Therapeutic Effect of Grape Intake in Animal Models of Neurodegeneration, Giovanni Manfredi, Weill Medical College of Cornell University*
2. *Polyphenolic Grape Constituents Increase Bioavailability of L-DOPA: Benefits in the Treatment of Parkinson's Disease, Bao Ting Zhu, University of South Carolina*
3. *Can Grapes Prevent Brain Aging? Robert Klein, University of Kansas Medical Center Research Institute*
4. *The Neuroprotective Effects of Grape Polyphenols, Albert Sun, University of Missouri School of Medicine*
5. *Protective Effects of Grape Phytonutrients in a Model of Alzheimer's Disease, Jason Eriksen, University of Houston*
6. *Are Grapes Neuroprotective in a Mouse Model of Stroke and Alzheimer's Disease? Richard Hartman, Loma Linda University*
7. *Grapes and Alzheimer's, Edward Neafsey, Loyola University, Chicago*
8. *Examining the Impact of Freeze-Dried Table Grape Powder on Brain Metabolism and Cognitive Function in Patients with Mild Cognitive Impairment, Dr. Daniel H. Silverman, University of California Los Angeles*
9. *Effect of Grape Powder on Oxidative-Stress Induced Anxiety-Like Behavior, Memory Impairment and High Blood Pressure in Rats, Samina Salim, University of Houston¹*

¹ California Table Grape Commission provided freeze-dried table grape powder, funding was not provided.

10. *Effect of Grape Powder on Ovariectomy-Induced Anxiety-Like Behavior, Memory Impairment and High Blood Pressure in Rats*, Samina Salim, University of Houston²
11. *Can Consumption of Grapes Augment Exercise-Induced Effects Against Oxidative Stress in an Aged Rodent Model of PD?* Amanda Smith, Veteran's Research Foundation of Pittsburgh
12. *Does Eating Grapes Protect White Matter from Stroke?* Selva Baltan and Sylvain Brunet, Cleveland Clinic Foundation
13. *De-Stressing the Brain: Can Eating Grapes During Periods of Mental Stress Protect Brain and Vascular Health in Young Adults?* Catarina Rendeiro, University of Birmingham, U.K.
14. *Exploring Neuroprotective Effects of Grape Powder in Mitochondrial Optic Neuropathy*, Sidney Gospe, Duke University
15. *Effects of Grape Powder on Psychological Distress and Gut Microbiota in College Students*, Guojun (Gary) Wu, Rutgers University

Muscle Health

1. *Influence of Daily Intake of Grapes on Sarcopenia in Postmenopausal Women*, Gerald Mackenzie, University of California, Davis
2. *Evaluation of Grape Consumption to Improve Muscle Strength and Cognitive Function*, Brittany Adams, Western New England University
3. *Utilizing Grapes to Reduce Oxidative Stress and Promote Recovery from Strenuous Exercise*, Mark Kern and Shirin Hooshmand, San Diego State University

Immune Health

1. *Circadian Modulation of the Immune Response to Grape Consumption*, Cynthia Blanton, Idaho State University
2. *The Effects of Grapes on the Immune-Gut Axis in Obesity*, Jaapna Dhillon, University of Missouri

Antioxidant Status

1. *Absorption, Metabolism, and Antioxidant Capacity of Grape Polyphenols*, Ronald Prior, Arkansas Children's Nutrition Center

Ear Health

1. *The Effects of Standardized Grape Preparation on Presbycusis*, Michael Seidman, Henry Ford Health System

² California Table Grape Commission provided freeze-dried table grape powder, funding was not provided.

Bladder and Kidney Health

1. *Protection of Urinary Bladder Function by Grape Extracts, Robert Levin, Albany College of Pharmacy*
2. *Ischemic Bladder Dysfunction: Protection by Grape Suspension, Robert Levin, Albany College of Pharmacy*
3. *Effect of H₂O₂ on Rabbit Urinary Bladder Citrate Synthase Activity in the Presence/Absence of a Grape Suspension, Robert Levin, Albany College of Pharmacy*
4. *Benefits of Grape Intake on Chronic Kidney Disease, Caigan Du, University British Columbia*

Bone and Joint Health

1. *Freeze-Dried Grape Powder as a Potential Adjuvant in the Treatment of Rheumatoid Arthritis, Srinvasa Raja, John Hopkins Hospital*
2. *Grape Consumption Improves Joint Mobility and Relieves Pain Associated with Knee Osteoarthritis, Shanil Juma, Texas Women's University*
3. *Effect of Whole Grape Powder on Inflammatory, Body Composition and Fat and Bone Serum Biomarkers in Women, Nancy DiMarco, Texas Women's University*
4. *The Effects of Grapes on Bone Health and Calcium Metabolism in a Rat Model of Postmenopausal Osteoporosis, Connie Weaver, Purdue University*
5. *Will Grape Powder Inhibit Features of Rheumatoid Arthritis? Du Soung, Columbia University*
6. *Bone Response to Dietary Enrichment with Grape Powder and Probiotics, Cynthia Blanton, Idaho State University*
7. *Effects of Grape Consumption on Infection-driven Inflammation and Bone Loss, Shuang Liang, University of Louisville School of Dentistry*

Grape Powder Delivery Mechanism

1. *Characterization of Critical Physical and Mechanical Properties of Lyophilized Grape Powder Required for Patient Delivery System, Ken Morris, University of Hawaii, Hilo*